

CURRICULUM VITAE

Manisha Singh

5199/1 , Modern Housing Complex

Mani Majra - Chandigarh.

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EDUCATION

Master Of Science In Food & Nutrition(MSc. F&N) 2009- 20 11

Govt Home Science College-Punjab University-Chandigarh: In First Division with
Specialization In – Food Microbiology and Institutional Management, Food Science,
Therapeutic and Applied Nutrition.

Bachelor of Science in Home Science (B Sc. Home Science)-2007-09

Govt. Home Science College- Punjab University-Chandigarh: With First Division
Specialized in Food & Nutrition and Diet Therapy.

(Distinction in Bio Chemistry, Physiology & Psychology)

Pre-Medical (10+2) : From Govt. Model School-Chandigarh 2005-06-With First Division

High School(10th) : From Govt. Model School 16-Chandigarh 2004. With First Division

Other Accomplishments: Was an all- round performer, won prizes in academics as well
as Music & Dance etc.

Seminars: Attended various seminars at Fortis- Mohali ,PGIMER-Chandigarh and
GMC -32 Chandigarh

CORE COMPETENCIES & SKILLS

- Result oriented -Consistent High Achiever.
- Crystal Clear Understanding of the subject.
- In depth knowledge of Nutrition & Diets.
- Effective communication skills.
- Empathy, Dedication & Patience .
- Keen & quick learner.
- Proficient in preparing Diet Charts for various disease conditions
- Enjoy working in a team & Cherish team success.
- Ambition to Excel

WORK EXPERIENCE

- Working as an “Assistant Professor” with ITFT College – Chandigarh since over 2 years, imparting knowledge and updating students on latest advances on Health , Spa & Resort Management and preparing them for life’s challenges , as also teaching them to be successful and good human beings .
- Worked independently as a Clinical Nutritionist in Alchemist Hospital for over 6 months
- Completed **specialized 8 month internship** - hands on training in The **PGI Multi Specialty Hospital -Chandigarh** under the guidance of eminent and highly qualified Clinical Nutritionists