



Drug and Substance Use

By the end of today's lessons you will be able to...

-Differentiate between different types of drug use.

-Identify different behavior patterns of drug use.

-Differentiate between physical and psychological dependence.

Different types of drug use

- Drug Use
- Drug Misuse
- Drug Abuse



[*Drug Use*]

- The use of drugs (including alcohol) in any form, legal or illegal, whether by prescription or for recreational purposes.

Drug Misuse

- The inappropriate use of drugs including prescribed or non-prescribed medicines.
 - Taking medicine left over from a previous illness.
 - Driving after taking certain medications.
 - Using another person's prescription drug.
 - Mixing medications without consulting a doctor.

Drug Abuse

- The use of drugs that results in impairment of user's ability to function normally or that is harmful to user or others.
 - Can include abuse of legal and illegal drugs usually abusers use more than one drug.

Let's test your knowledge!

- Skip recently came down with this awful cold. He went to the doctor to see if the doctor to help him get better. The doctor prescribed him medication to get better but let's read about what has been happening to Skip in these different scenarios.



Skip

Scenario 1

Skip has just gone to the doctors for a cold. The doctor has written him a prescription for him to take. Now skip takes medication every morning following the doctor's orders.

Scenario 3

Skip has stopped taking his sister's medication but has started to take pills he has found in the medicine cabinet. The problem now is that Skip mixed the pills he found in the medicine cabinet and cannot tell the difference between them. Skip has continued taking the pills but now they have impaired his ability to function.

Scenario 2

Skip has finally healed from his cold! His sister had the same cold in the past also. Skip finished all of his medication but his sister has some left over from her cold. Skip has decided to take her left over medication without his doctor's permission.

Patterns of Drug Use

- No Use
- Social-Recreational Use
- Circumstantial Use
- Intensified Use
- Compulsive Use

Social-Recreational Use

- Occurs in social settings usually among friends who are also using the drug for the purpose of experiencing the drugs effects.
 - Use limited to infrequent social situations.
 - Small to moderate amount of particular drug(s) being used.

Circumstantial Use

- Desire to obtain an effect considered desirable within a certain situation.
 - Using a drug to relax after a stressful experience
 - Using a drug to stay awake all night to study.

Intensified Use

- Pattern of drug use that is almost daily, in low to moderate doses.
 - Usually caused by an individual's need to achieve relief from a constant problem.

Compulsive use

- Daily or almost daily use of high doses of a drug to obtain a desired physical and/or psychological effect.
 - Most important thing in user's life.
 - Most dangerous pattern or use and is termed drug dependence.

Types of Dependence

Physical Dependence

~Physiological process which repeated doses of a drug cause the body to adapt to the presence of the drug.

Tolerance: body becomes adapted to a drug so increasingly larger doses are needed to produce the desired effect.

Psychological Dependence

Condition characterized by a persistent desire or “craving” to achieve the effects produced by a drug.

We need your help!

Cristina has been stressed out from school and sports so she just drank some beer to relax a bit.

Paul has used drugs before but only at a party with some friends.

Julia has been having constant problems after school with another group of kids. Everyday she uses drugs but only in low to moderate doses.

George has a problem because he drinks everyday and has been heard saying drinking “is the most important thing” in his life.

John chooses not to take drugs unless they are prescribed by his doctor.